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**PREOPERATIVE TESTING FOR POST-BARIATRIC/MASSIVE WEIGHT LOSS
PATIENTS**

At Advanced Plastic Surgery, we strive each day to make our patient's healthcare experience the best it can be. We know that your time is valuable; in an effort to make your surgery experience as pleasant and efficient as possible, we would like to provide the following information:

Patients that have had gastric bypass surgery will all undergo pre-operative testing. The pre-operative testing can be performed through your primary care physician or bariatric surgeon. If you need a physician referral, just let us know.

Pre-operative testing should be done two (2) to four (4) weeks before your surgery. It is best to schedule your appointment at the same time you schedule your surgery to ensure that you can get an appointment at the appropriate time.

The tests required are:

1. CBC with differential
2. SMA-7
3. Serum Calcium, Magnesium and Phosphate levels
4. Total Protein
5. Albumin
6. Vitamin B-12
7. Folate Level
8. Iron and Ferritin levels
9. PT
10. PTT
11. EKG (and EKG is good for six months) A cardiac stress test may be required for some patients-your physician will discuss this with you at the time of your consultation.
12. A statement from your physician that you are cleared for surgery/anesthesia.

Pre-operative anesthesia consultations are sometimes also utilized based on your past medical history. This is a short meeting with one of the hospital anesthesiologists to discuss your history, medications, and laboratory test results.

While we know that your time is valuable and it is hard to add in another doctor's appointment, your well-being is important to us. We are also trying to avoid delays the morning of surgery; if your anesthesiologist determines you require blood work before your procedure, your surgery will be delayed until the results have been obtained.

Please do not hesitate to call us at any time if you have questions or require additional information. Thank you for choosing us to provide your plastic surgery care. We are committed to providing you with the ultimate cosmetic surgery experience.

Nassif E. Soueid, MD and staff of Advanced Plastic Surgery