

PRE OPERATIVE INSTRUCTIONS

1. If you are presently taking any medications, (ex. insulin, heart pills, etc.), please check with your primary care physician regarding pre-operative requirements.
2. **DO NOT** take any aspirin for 10 days prior to surgery. Aspirin prolongs bleeding and could predispose to complications. Aspirin and aspirin-containing compounds include, but are not limited to:
  - Bufferin, Anacin, Excedrin, Alka-Seltzer, Percodan, Fiorinal, Motrin, Nuprin, Advil, Indocin, Feldane
  - Cold Formulas such as Nytol
  - Coumadin, Plavix**IMPORTANT**—If you are taking a blood thinner, please consult with your physician and/or cardiologist as to when to stop this medication prior to your scheduled surgical procedure.
3. **STOP** taking any products containing vitamin E and all herbal medicine at least **2 weeks** prior to your scheduled procedure. **STOP** all oral contraceptives and hormone replacement **4 weeks** prior to your surgery.
4. **DO NOT** come to the hospital alone. Someone must be present to drive you home or your surgery must be cancelled. Please do not bring children with you.
5. **DO NOT** bring any valuables (ex. jewelry, cash, credit cards). Wear comfortable clothing. A hospital gown and socks will be provided.
6. **DO NOT** eat or drink anything after midnight the night before your surgery.
7. Bring your insurance cards.
8. Please complete **ALL PRE OPERATIVE TESTING** (History and Physical, bloodwork, EKG, chest x-ray, etc.) **AT LEAST** 72 hours prior to your surgical date. All pre-operative testing results must be faxed to our office at 410-321-0887 and the St. Joseph Medical Center Pre-Admission Testing Department at 410-427-2060.

**IT IS THE RESPONSIBILITY OF THE PATIENT TO COMPLETE ALL PRE-ADMISSION TESTING PRIOR TO THE SCHEDULED SURGERY DATE. FAILURE TO DO SO WILL RESULT IN THE CANCELLATION OF YOUR SURGERY.**

9. On the day of your surgery, please report to the Patient Registration area in the Ambulatory Services Center of the main hospital. You must report to this area **AT LEAST 1 ½ HOURS BEFORE YOUR SCHEDULED SURGERY TIME. FAILURE TO DO SO WILL RESULT IN THE CANCELLATION OF YOUR SURGERY.**
11. Fill any prescribed medicines from Dr. Soueid **before** the surgery day.

If you have any further questions, please do not hesitate to call us at **410-321-0808**, or you may call **410-337-1058** between the hours of 6AM and 4:30PM to speak with someone in the surgical department. A map of the St. Joseph Medical Center campus and further pre operative instructions are available at [www.sjmcmd.org](http://www.sjmcmd.org) under “Patients & Visitors”.