

MICRODERMABRASION POST-CARE INSTRUCTIONS

General Information:

- * Makeup may be applied after the treatment if necessary.
- * Skin may feel wind burned and/or tight for a day or two after the treatment.
- * You may experience dryness and peeling for a day or two after treatments. A gentle moisturizer should be applied as frequently as needed.

Note: These timelines are approximate and precautions should be extended beyond the recommended time if skin remains sensitive.

72 Hours After Treatment:

- * Do not use any of the following products:

Alpha or Beta Hydroxy	Salicylic Acid/Salicylate
Retin-A	Glycolics
- * Use warm or tepid water on area treated; do not use hot water.
- * Do not submerge treated area in chlorinated pool or hot tub water.

For 10-14 Days After Treatment:

- * Stay out of direct sunlight. If you must be outdoors, use a sunscreen. (Minimum SPF 15)
- * Do not have any other skin peel, Microdermabrasion or Chemical Peel, unless you are following a specific protocol.
- * Do not have waxing, Botox, or collagen treatments.
- * Refrain from the use of tanning beds.

Aftercare Treatment

- * Compress- Mix 1 Tablespoon of vinegar with 2 cups tepid water and apply to treated area as necessary.
- * Antioxidants- Apply for soothing and hydration of the skin.